



Regular Season Schedule

Beginning Monday, September 19th 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00-7:00am Semi-Privates	6:00-7:00am Semi-Privates	6:00-7:00am U13 A1 Practice		6:00-7:00am U13 A2 Practice	6:00-7:00am U13/U15 C Practice	6:00-7:00am Semi-Privates
7:00-8:00am U11 A1 & A2 Extra Skills <i>(registration required)</i>	7:00-8:00am U8 Practice	7:00-8:00am U9 Practice	7:00-8:00am U7-U9 Gleneagles Community Centre Main Gym Stick-handling & Skills <i>(registration required)</i>	7:00-8:00am U11 C Practice	7:00-8:00am U11 A1 Practice	7:00-8:00am U6/U7 Practice
8:15-9:15am U7 Practice or Game <i>(Games alternate weekly between C1 and C2 teams)</i>		6:15-7:05am Canlan North Shore U15/U18 Skills-Clinics <i>(registration required)</i>			7:15-8:05am Canlan North Shore U11 A2 Practice	8:15-9:15am U8 Practice or Game <i>(Games alternate weekly between C1 and C2 teams)</i>
						9:45-10:50am Scotia Barn Burnaby Goalie Training
10:00-11:20am Scotia Barn Burnaby U13 A1 Practice						11:00-12:05pm Scotia Barn Burnaby U13 A2 Practice
11:00-12:05pm Scotia Barn Burnaby U18 A1 Practice						12:30-1:45pm U11 C Game <i>(Games alternate weekly between C1 and C2 teams)</i>
		2:30-3:30pm Semi-Privates		2:30-3:30pm Semi-Privates		2:00-3:15pm U11 A1 Game
		3:45-4:30pm Goalie Clinic		3:45-4:35pm U6/U7 Practice		3:30-4:45pm U11 A2 Game
4:15-5:15pm U13 Skills Clinics <i>(registration required)</i>		4:30-5:15pm Goalie Clinic		4:35-5:25pm U8 Practice		
5:30-6:45pm U9 Practice or Game <i>(Games alternate weekly between C1 and C2 teams)</i>	6:15-7:10pm U11 C Practice	5:15-6:15pm U6 Skating Lessons U11C/U13C New Player Skills Goalie Clinic		5:25-6:30pm U9 Practice		
7:00-8:15pm U13 C Game/Practice <i>(Games & practices alternate weekly)</i>	7:10-8:05pm U13 C Practice	6:30-7:30pm U11 A1 & A2 Practice	8:00-9:00pm U18 A1 BodyCo Fitness North Vancouver	6:45-8:15pm U13 A1 Game	7:30-8:30pm U15 A1 BodyCo Fitness North Vancouver	7:30-9:00pm U15 A1 Game
8:30-9:30pm U15 A1 Practice	8:20-9:15pm U15 C1 Practice	7:45-9:15pm U13 A2 Game	8:00-9:30pm U15 C1 Game	8:30-9:30pm U15 A1 Practice		9:15-10:45pm U18 A1 Game
	8:00-9:00pm U18 A1 BodyCo Fitness North Vancouver	9:30-10:45pm U18 A1 Practice	9:45-10:45pm Coaching and Sr. Referee Clinics			